Social Work Resources

- -Refer via ORCHID order "specialty request to social work" (be specific about reason for referral from drop down menu and comment section)
- -Clinical Social Worker: Elizabeth Cordero, CSW (effective 2/22/21)
- -Substance Abuse Counselor: varies
- -For urgent/same day issues, please also call SW Department x74236 or back up ER SW pager 818-313-1759

Services Provided:

- **Solution Focused Brief Intervention therapy** (2-3 sessions) for mild to moderate depression or anxiety (PHQ-9 score 10-15 or GAD-7 score 5-10)
- Crisis intervention
- Consultation on suspected child/elderly abuse or suspected sexual abuse/assault
- Referrals to legal services, e.g. Family law, immigration, disability (see MLCP sheet for details or services)
- Information regarding resources for out-of-home (i.e. nursing home) placement
- Evaluation of patients with alcohol or substance abuse problems (help lines, outpatient and inpatient detox)
- Food assistance: Project angel food (for patients with HIV, Cancer, CHF, Kidney Disease, and COVID), meals on wheels (for homebound seniors), LAUSD meal program list (Patients with minor school age children), food pantries/food banks,
- **Housing:** Housing for health (Patients with medical issues and are homeless), Project Room key (elderly, homeless, and have medical issues and are independent in ADLS), SHARE community housing (patients who are independent in their ADLs and get cash aid), domestic violence shelters, homeless shelters
- Transportation
 - o LA CARE: 1-888-839-9909 (provider/staff should give the number to patient)
 - o Health Net 855-253-6863 (provider/staff should give the number to patient)
 - o **Un-insured (consult SW):** County Transport (if patient needs help with ADLs), Uber/Lift (if patient is independent in ADLs), Access Transport
 - MTA discount pass (consult SW): any patient who is independent in ADLs and can use public transportation

Mental Health Resources

- -If depression screen positive (PHQ 2 > 2), please assess risk with PHQ 9 and GAD 7 questionnaire
- -For all patients with PHQ 9 > 9 order "specialty request to Behavioral Health."

MA will provide patients with an information sheet about different "Mental Health Services" LA Care \rightarrow Beacon (877-344-2858) Health Net \rightarrow MHN (888-426-0030)

- -Mild/Mod disease PHQ 9: 10-20: Consider referral to social work as above "specialty request to social work"
- -Severe disease PHQ 9>20: Consider Mental Health e-Consult (see below)
- -Urgent needs: Refer to Olive View Mental Health Urgent Care Center
- -Emergent needs: Refer to Olive View Psychiatric Emergency Room

Whom to refer to Mental Health via E-Consult:

-PHQ9 > 20, severe functional impairment, unclear diagnosis, concern for psychosis, substance abuse, inadequate response to treatment, other behavioral health questions as needed (for dialogue with expert econsult reviewer)

Alcohol and Substance Use Disorder Resources

- -If alcohol use disorder screen positive (question #19 adult SHA, #23 senior SHA), please assess risk with AUDIT C scoring -Low risk (M score 0-3, F score 2): brief counselling by provider
 - -Moderate/high risk (M score 4-7, F score 3-7): Refer to clinic RN care manager or SUD counselor to perform SBIRT -SBIRT: "Screening, Brief Intervention, Referral to Treatment"
 - -Severe risk (score > 7): Refer to SUD counselor to help with referral to outside services
- -Social work referral (SUD counsellor) as above for alcohol and other substance use disorders and linkage to Bridge Program
- -LA County Substance Abuse Service Hotline (SASH): 844-804-7500 (patients can call themselves)